

# Retinoblastoma, *(Eye cancer)* Appeal

We are holding a Martial Arts Training Day in aid of the above appeal for 18-month-old Laurel who needs continual hospital visits to a specialist centre in Birmingham.

Date: Saturday 14<sup>th</sup> January 2017

Venue Lowestoft Rd Methodist Church Hall

Gorleston - NR31 6SQ

Time 10:00– 3:00

Cost £10.00 per student



There will be a break. Please bring a packed lunch; hot and cold drinks will be available during the day.

For further information, please contact Kevin Garwood by Phone: 01493 656538 or

Email: [shihan@oyamaryu.com](mailto:shihan@oyamaryu.com)

Main Hall
Tomiki Aikido
Iado <i>(Please bring a bokken if you have one)</i>
Shukokai Karate
Jeet Kun Do