

8th Kyu

Heiko Dachi Alternate Jodan Uke

Yoi Dachi Alternate Kazama Tsuki

Zen Kutsu Dachi Stepping Forward Gedan Barai

Zen Kutsu Dachi Stepping Forward Chudan Oi Tsuki

Heiko Dachi Alternate Mae Geri

Combination 1A

Combination 1B

Padwork Gyaku Tsuki

Shihoski (X 3 marks)

Pass marks

33